



MARCH 2020

FLOODWOOD SENIOR DINING MENU

MON	TUES	WED	THURS	FRI
2 Fish Sandwich	3 Sausage Rigatoni	4 Hotdog	5 Chicken Strips	6 Broccoli Cheese Soup
9 Chicken Caesar Salad	10 Meatloaf	11 Ham & Cheese Sandwich	12 Chicken & Biscuits	13 Fish & Chips
16 Baked Chicken	17 French toast Bake	18 Chili	19 Cook's Choice	20 Spaghetti & Meatballs
23 Hot Turkey Sandwich	24 Wild Rice Hotdish	25 Taco Casserole	26 Biscuits & Gravy	27 Split Pea Soup
30 Ham Breakfast Bake	31 Teriyaki Chicken			

****Fruit, Vegetable & Milk serving are included
EVERYDAY with all meals****

Senior Dining and Meals on Wheels Services is sponsored by the Arrowhead Economic Opportunity Agency funded under contract with the ARDC's Area Agency on Aging as part of the Older Americans Act Program."

**Please call Floodwood Senior Dining
at 218-476-2261 by 9:00 am the
morning of to reserve your meal.**

Meals served at 11:45am at the AGEs Building. To Go Meals available too!